**Headache questionnaire**

1. Age when headaches first started?
2. Location of headaches and neck-ache (please make a cross)
3. How often did headaches occur when they started, monthly/yearly/weekly?
4. How severe on average were these headaches on a scale of 1-10?
5. How long on average did these headaches last?
6. How often do the headaches occur now, monthly/yearly/weekly?
7. How severe on average are these headaches on a scale of 1-10?
8. How long on average do these headaches last?
9. Any known triggers of headaches including stress/neck pain?
10. Any visual symptoms/flashing lights or aura prior to headaches?
11. Any problems with light, sound, nausea or dizziness with headaches?
12. Who all in your family have headaches?
13. What time do you sleep and wake up?
14. Do you wake up fresh in the morning?
15. Do you have any problem in going off to sleep?
16. Do you wake up multiple times at night?
17. Do you snore?
18. Do you take breakfast daily?
19. How many glasses of water do you drink every day?
20. How many cups of coffee do you take every day?
21. How many sodas do you take every day?
22. How many cigarettes do you smoke every day?
23. How many glasses of wine, beer or cocktail drinks do you drink in a week?
24. What is your level of stress at this point?
25. How many analgesic tablets (Excedrin/Ibuprofen/Tylenol) do you use in a week?
26. How many opiate (Vicodin/Percocet/Tylenol #3) tablets do you use in a week?
27. Have you used these medications in the past (please circle)? **And for how long?**
28. Amitriptyline (Elavil)/ Nortriptyline (Aventyl/Pamelor)/ Imipramine (Tofranil)
29. Venlafaxine (Effexor)/ Duloxetine (Cymbalta)
30. Any other antidepressants?
31. Propranolol (Inderal)/ Metoprolol (Toprol, lopressor)/ Nadolol (Corgaard)/ Atenolol (Tenormin)/ Timolol (Betimol)
32. Topiramate (Topamax )
33. Valproic acid (Depakote)
34. Diltiazem (Cardizem)/ Verapamil (Calan, Verelan)/ Lisinopril (Zestril)
35. Gabapentin (Neurontin)/ Pregabalin (lyrica)
36. Magnesium/ Riboflavin/ Feverfew/ Butterbur
37. Sumatriptan (Imitrex)/ Rizatriptan (Maxalt)/ Almotriptan (Axert)/ Naratriptan (Amerge)/ Zolmitriptan (Zomig)/ Frovatriptan (Frova)/ Eletriptan (Relpax).
38. Migergot/ Cafergot/ Migranal/Butorphanol (Stadol)
39. Ubrelvy/Nurtec
40. Botox
41. Aimovig/Emgality/Ajovy